

Want your child to learn how to be a great leader.
Want your child to be physically and mentally fit.

The answer is WRESTLING.

Wrestling teaches self discipline and the value of hard work.
It builds confidence, mental toughness, and teaches self reliance.

Give your child the edge to success in life.



MASSAPEQUA YOUTH WRESTLING PROGRAM

Massapequa High School Wrestling Room

Tuesdays/Thursdays

Session 1: 6:30-7:30pm for Grades 1 - 3

Session 2: 7:30-9:00pm for Grades 4 - 6

Dates: Tuesday, November 14th - Thursday, February 8th

Cost: \$225 for entire season (*includes shirt and shorts*)

Register online at www.massapequawrestling.com

Bring check made payable to Friends of Massapequa Wrestling on first day.

Coaches:

Jason Layton, Massapequa Youth Wrestling Coach,
Owner of Dynamic Wrestling Academy, 2x All-American
and Ron Serrano, Conference 1A Coach of the Year 2013 - 2017

**MASSAPEQUA
WRESTLING**



MASSAPEQUA YOUTH WRESTLING PROGRAM

A DISTRICT-WIDE PROGRAM TEACHING STRENGTH, AGILITY,
HONOR, AND INTEGRITY IN STUDENT ATHLETES.

www.massapequawrestling.com