

POWER MMA

1 Commercial Ave. Garden City, NY
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PowerMMA Wrestling Club



Jamie Franco

- 3x NCAA Div. 1 Qualifier for Hofstra University
- NYS Champ
- 5x NYS place winner



Chris Weidman

- UFC Middleweight Champion
- 2x NCAA Div. 1 All-American for Hofstra University
- 2x NJCAA All-American
- NYS Champion

Come join Jamie Franco and Chris Weidman as they join forces to open up **PowerMMA Wrestling Club**. Jamie Franco will be the head clinician. Starting next week April 7th PowerMMA Wrestling Club will be offering **TWO FREE** weeks of training. In the club you will find high-level technique and match strategies. So come join us today to prepare for summer tournaments or to start achieving next year's goals today!!!

Youth classes (1-6) Monday's and Wednesday's 6-7pm

High School classes (7-12) Tuesday's and Thursday's 8-9:30 pm