

NY-USA Wrestling – Suffolk County

Freestyle and Greco Roman Regional Training Centers

Train for FREE

March 31st – May 29th

The following locations will be open for ALL Section XI – USAW Athletes (must show valid USAW card):

Sachem North High School – Monday and Wednesday (6:30 – 8:00)

Sayville High School – Monday and Wednesday (6:30 – 8:00)

Brentwood High School – Thursday (6:00 – 7:30)

Center Moriches High School – Tuesday and Thursday (6:00 – 7:30)

Southampton High School – Tuesday and Thursday (5:30 – 7:00)

Schedule of Freestyle / Greco Roman Events

Saturday, April 5th – Southampton HS (Qualifier for NY States)

Saturday, April 12th – Center Moriches HS (Qualifier for NY States)

Saturday, April 26th – Kings Park HS (Qualifier for NY States)

May 2 – 4, 2014 – East Stroudsburg, PA: Northeast Regional Championships (Qualifier for Fargo)

May 9 – 11, 2014 – Binghamton, NY: NYS Championships (Qualifier for Fargo & National Dual Teams)

Additional events will be coming. Please check websites for additional info:

www.ny-usaw.org or www.longislandwrestling.com

