

Danbury PAL Wrestling
8th Annual Preseason Team Dual Tournament
Saturday, December 4th, 2010

Danbury PAL Building
35 Hayestown Avenue

Directions web site : <http://www.danburypal.com/directions.html>

Registration: \$300 per team (limited to TEN teams). First 10 teams to send \$150 deposit by October 25th will be accepted. Checks should be made out to Danbury PAL. Mail checks to Mark Cammisa, 21 Aunt Hack Road, Danbury, CT 06811.

Eligibility: Grades 1-8.

Format: Two five-team pools (Each team that finishes top four in their pool will wrestle all teams in their pool and two teams in other pool, total of six matches). The teams that place fifth in their pool will have Five total matches, all teams in their pool and one team in other pool that placed 5th.

Awards: Team trophies for 1st, 2nd, 3rd & 4th place teams. Outstanding Wrestler award will also to be given out.

Weigh ins: Saturday, December 4, 2010: 1:00 PM – 2:00 PM

****No Allowance****, NO weigh in on Sunday, December 5, 2010.

Two or Three rounds of pool wrestling on Saturday (eight teams get three matches and two teams get two matches).

Weight Classes: 57, 62, 67, 72, 77, 82, 87, 92, 97, 102, 107, 112, 117, 122, 128, 138, 148, 175. Wrestlers may move up one weight class from registered weight class.

Team that travels the furthest to the venue, will be treated to a PIZZA party at their Hotel By Danbury PAL (For coaches and Registered wrestlers, limited to 26 people)

Concessions: Food will be available all day, both days.

Wrestling on four mats will begin at 3:00 PM

Admission: Both days \$5.00 for adults, \$2.00 children over 12 years of age and senior citizens, one day \$3.00 for adults, \$1.00 children over 12 years of age and senior citizens,

Valid USA wrestling Coaches card and children under 12 years of age FREE

For additional information contact: Mark Cammisa
(H) 203-790-9209
markcammisa@comcast.net

Team Name: _____

Contact: _____

Phone: _____ **E-Mail:** _____