

VHW TEAM DUALS FOR HIGH SCHOOL AND MIDDLE SCHOOL

@ Nassau Community College
1 Education Drive, Garden City, New York, 11530

August 13, 2017 (SUNDAY)

*\$450.00 Per team

*Entry Fee: \$5.00

MATCHES: MS 1-1-1

HS 1:30, 1:30 1:30 NYS HS RULES

1. Each team must provide table help
2. Allowed to bump up one weight class
3. Coaches meeting at 8:00 A.M.

Weigh-In 7:30 A.M. weigh in as a Team

Wrestling: starts @ 8:30 A.M.

Food available all day

Qualifications:

High School wrestlers grades 8 thru 11th no seniors from 2017

High School:

109, 116, 123, 129, 135, 141, 148, 155, 163, 173, 185, 198, 223, 288

Three pound allowance provided

Middle School Division:

70,75,80,85,90,95,100,105,110,115,120,130,140,155, Unl

For additional Information contact:

Irwin M. Loew 516-521-8544 or E-mail Irlo1@aol.com

PLEASE CHECK BELOW

Cut at line and return with payment

August 13, 2017 Dual Meet Tournament \$450.00

High School _____ Middle School _____

Team Name _____ Team Contact: _____

Contact E-mail _____ Contact phone _____

Make Checks Payable to: Nassau CC FSA

Mail to: VHW Wrestling

39 Raynham Drive, Syosset, New York, 11791

Waiver:

I, the undersigned, hereby declare that if I am accepted to participate in the VHW TEAM DUALS, I will do so at my own risk and of my own free will. I will not, in any way, hold liable the sponsors, tournament officials, Nassau Community College referees, for any injuries or losses that I might receive, directly or indirectly, while traveling to or from, or competing therein. In understand that if I (my child) has any suspicious skin markings, I (my child) might not be allowed to enter the tournament without a doctor's note stating the he / she is free of any contagious condition.

Wrestlers Signature _____

Parents Signature _____