

The Grand Slam of Long Island Youth Wrestling

Sign up online for any or all of these great events being run under the same format

DATES & LOCATIONS: **Sunday December 2nd, 2018**
Long Beach High School, 322 Lagoon Dr. West, Lido Beach, NY 11561

Sunday December 16th, 2018
Wantagh High School, 3297 Beltagh Avenue Wantagh, NY 11793

Sunday December 30th, 2018
East Meadow High School, 101 Carman Ave, East Meadow, NY 11554

Sunday January 13th, 2019
Massapequa High School, 4925 Merrick Road, Massapequa, NY 11758

SPLIT SESSIONS: **Bantam and Intermediate Divisions check-in 7:30 am**
Novice and Schoolboy Divisions check-in 11:00 am

REGISTRATION: Each Tournament limited to the first 350 wrestlers to register.
 Fee for each event is \$35, this does not include the charge for online processing.
 Online registration only, sign-up deadline is 10pm Thursday prior to the event date.
 There are no refunds unless you call before the registration closes. No walk-ins.
Beginners (rated 1 or 2 by coaches or a 1st or 2nd year wrestler)
Experienced (more than 2yrs exp and/or rated a 3 - 5 by coaches)
 Register at: <http://wrestlereg.com/>

WEIGH-INS: Coaches & Parent's are responsible for submitting an accurate weight when registering online, please use an accurate digital scale and confirm weight with your child's coach. Random weight checks will be done at check-in; any wrestler exceeding a 2-pound allowance within their bracket will be disqualified without a refund. Madison system will be used to determine weight classes.

RULES: NYS High School Scholastic rules modified for OT.
 Headgear and singlet are recommended.
 Mandatory check-in times (see below).
 Valid USA Wrestling Card is required for all Coaches and Wrestlers.

Division	Birth Dates	Beginners	Experienced
Bantam	2011 - 2012	Check-in at 7:30 am RR brackets 3 minutes running time	Check-in at 7:30 am RR brackets 1 - 1 -1 (OT 30s RO)
Intermediate	2009 - 2010	Check-in at 7:30 am RR brackets 1 - 1 -1 (OT 30s RO)	Check-in at 7:30 am RR brackets 1 - 1 -1 (OT 30s RO)
Novice 7 th graders should go SB	2007 - 2008	Check-in at 11:00 am RR brackets 1 - 1 -1 (OT 30s RO)	Check-in at 11:00 am RR brackets 1.5 - 1 -1 (OT 1m/30s RO)
Schoolboy No 9 th grade, JV or Varsity	2005 - 2006	Check-in at 11:00 am RR brackets 1.5 - 1 -1 (OT 1m/30s RO)	Check-in at 11:00 am RR brackets 1.5 - 1 -1 (OT 1m/30s RO)

Tournament Committee reserves the right to modify &/or adjust bout times, weight classes, brackets & divisions.

WAIVER: Participation waiver must be completed as part of the online registration.

ADMISSION: \$3 Adults, \$2 Children. Parental supervision of children required at all times.
 Concession stand will be open during the tournament.
 No food or drinks allowed in the gym.

CONTACT: **Long Beach** - Miguel Rodriguez (516) 322-1046 Lbgladiators@gmail.com
Wantagh, East Meadow & Massapequa - Dean Zenie (631) 748-2951