

# 2024 MAHOPAC YOUTH



## WRESTLING TOURNAMENT

SUNDAY, JANUARY 28TH WEIGHT INFO AND START TIME BELOW  
MAHOPAC HIGH SCHOOL  
421 BALDWIN PLACE ROAD | MAHOPAC, NY 10541

### Divisions:

| NAME:   | YEAR BORN:       | WEIGH INS:            | START TIME:  |
|---|------------------|-----------------------|--|
| <b>6 &amp; Under</b><br>40, 43, 46, 49, 53, 57, 62, 70, 80  | <b>2017-2021</b> | <b>6:45-7:30 AM</b>   | <b>8:30 AM</b>   |
| <b>8 &amp; Under Open &amp; Novice</b><br>45, 49, 53, 57, 62, 67, 72, 77, 84, 93, 120                     | <b>2015-2016</b> | <b>6:45-7:30 AM</b>   | <b>8:30 AM</b>   |
| <b>10 &amp; Under Open &amp; Novice</b><br>53, 58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160 | <b>2013-2014</b> | <b>6:45-7:30 AM</b>   | <b>8:30 AM</b>   |
| <b>12 &amp; Under Open</b><br>58, 63, 67, 72, 77, 82, 87, 92, 98, 108, 117, 125, 135, 145, 160            | <b>2011-2012</b> | <b>11:15-12:00 PM</b> | <b>12:30 PM</b> (or conclusion of am session)  |
| <b>14 &amp; Under Open</b><br>77, 83, 87, 92, 97, 102, 108, 114, 120, 128, 136, 148, 160, 185, 250        | <b>2009-2010</b> | <b>11:15-12:00 PM</b> | <b>12:30 PM</b> (or conclusion of am session)<br>Any wrestler on a high school team may not compete. |

### Folkstyle Tournament Separated by Group, Birth Year and Weight

Novice brackets for 8U & 10U, 2 years or less experience & no open tournament placements, grouped by madison system into 4 man Round Robins where possible. All other brackets based on division/weight class. Open division will be 7 wrestlers or more bracketed / round robin for 6 or fewer wrestlers in division.

Time periods for 10 & Under divisions are 1-1-1 with 1 min OT and 30 second ride out.  
Time periods for 12 & Under & 14 & Under divisions are 1-1.5-1.5 with 1 min OT and 30 second ride out.  
Age as of 12/31/2023

### Awards

Individual medals for 1st – 3rd places in all weight classes and divisions.

### Food & Vendor

Food, drinks and vendors (TCBY, Defense Soap & Tournament shirt) will be available all day for purchase.

For more information contact Melissa Zeiler (Youth Coordinator) at [melissa@mahopacwrestling.com](mailto:melissa@mahopacwrestling.com)

REGISTER ONLINE AT <https://events.flowrestling.org/event/b18236a5-18c2-40cd-b0cb-6b4711e83992>

BY MIDNIGHT ON FRIDAY JAN 26TH (LIMIT 450 ENTRIES NO WALK INS)

WRESTLER Registration Fee: \$36 ENTRY FEE

SPECTATORS: \$5/ADULT, \$2/CHILD, \$15 FAMILY MAX Cash or Venmo only at the door

ONSITE WEIGH INS AND SKIN CHECKS

Coaches must show USA wrestling cards for admittance. Any coach without a USA wrestling card will not be allowed on the mats and must pay spectator price.

Additional Refs will be Provided to Ensure the Smoothest and Quickest Possible Tournament

If snow prohibits travel and wrestling, the snow date will be provided shortly after cancelation

Team rosters - to be submitted by January 28th by 8am designating 10 wrestlers per team.

Points will be awarded to individual place finishers (1st – 10 pts., 2nd – 7 pts., 3rd – 4 pts.)

USA Wrest. Sanctioned - USA Card Req. Available online at [usawmembership.com](http://usawmembership.com)

Headgear mandatory - Mouth guard for upper and lower with braces mandatory