

Mary Ann Lange
WRESTLING TOURNAMENT

DATE: Weigh-ins **Thursday, March 25, 2010**

DATE: Wrestling **Saturday, March 27, 2010**

LOCATION: LONGWOOD HIGH SCHOOL

AWARDS: MEDALS FOR ALL CONTESTANTS

ENTRY FEES: \$20.00 AND PERMISSION SLIP

(PAYABLE TO LONGWOOD WRESTLING BOOSTER CLUB)

TIME: CHECK IN 9:00 a.m. - WRESTLING STARTS AT 10:00 a.m. SHARP

RULES: INTERSCHOLASTIC WRESTLING RULES

CUTOFF: 300 CONTESTANTS (BOUT TIME 1-1-1)

WEIGHT CLASS: MADISON WEIGHTS, SEPARATING WRESTLERS INTO GROUPS AND AGES

WHERE POSSIBLE (8 MAN BRACKETS)

AGES: 5 and 6, 7 and 8, 9 and 10, & 11 and 12 **NO JUNIOR HIGH WRESTLERS**

INFORMATION: CONTACT- malwrestlingtourney@yahoo.com

All weigh-ins will be held on Thursday March 25

WEIGH-INS, ALL PERMISSION SLIPS AND ENTRY FEES ARE DUE AT THE TIME OF WEIGH -INS

ALL WEIGH-INS WILL BE ON Thursday March 25 AT THE FOLLOWING LOCATION AND TIMES

LONGWOOD JUNIOR HIGH SCHOOL (around the back of the school) BETWEEN 6:30 AND 7:30 p.m.

Coaches can weigh their clubs in via the honor system with **PRIOR** approval from the tournament director. All coaches wishing to weigh-in their own teams should send an e-mail to

malwrestlingtourney@yahoo.com to receive the tournament entry form. Only official tournament spreadsheets will be accepted.

NO WEIGH-IN OR REGISTRATIONS WILL BE ACCEPTED ON SATURDAY

DIRECTIONS: L.I.E. TO EXIT 68, ON SERVICE ROAD TAKE 46 NORTH WADING RIVER (46 IS THE WILLIAM FLOYD PKY). HEAD NORTH ON 46 TO SECOND LIGHT. AT SECOND LIGHT TAKE LEFT ONTO LONGWOOD ROAD. HIGH SCHOOL IS ONE MILE ON LEFT

-----PLEASE PRINT-----

NAME: _____ **PHONE:** _____

ADDRESS _____ **CITY:** _____

CLUB or SCHOOL _____

GRADE: _____ **DOB:** _____ **AGE:** _____

EXACT WEIGHT (to be filled in at time of weigh-in): _____

I HEREBY GIVE MY CHILD _____ PERMISSION TO ENTER THE MARY ANN LANGE WRESTLING TOURNAMENT AND RELEASE ALL SPONSORS AND OFFICIALS OF THE TOURNAMENT FROM ANY AND ALL CLAIMS OR RIGHTS TO THE DAMAGE THAT MIGHT OCCUR WHILE PARTICIPATING IN SAID TOURNAMENT

PARENT
SIGNATURE _____