

Pre-Season Update 2011-2012

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The NFHS Rulesbook Editor Bob Colgate and Rules Chairman Dale Pleimann have given me the following interpretations.

Rule 5-15b in-bounds

“When the defensive wrestler is on his/her back while the supporting parts of either wrestler are in-bounds. In this situation any part of the defensive wrestler’s shoulder or scapula is considered to be the supporting parts.”

This means as long as any parts of the shoulder or scapula remain in-bounds wrestling will continue, even if the offensive wrestler has a supporting part out of bounds. This will be considered as an exception to the definition of out of bounds Rule 5-18.

Rule 4-1-5

“The uniform shall be worn as intended/designed by the manufacturer.” The NFHS has expanded this rule to include the ear guard. Taping the singlet or ear guard/headgear is not allowed. We will make an exception for taping the adjustable locking device on the headgear as this would be in the same spirit of the rule which require the laces to be taped. Note: Stickers, school logos or marker on the ear guard/headgear is allowed.

Situation 1, Rule 8-2-1c

Wrestler A takes his/her second injury time out at the conclusion of the second period and his/her opponent (Wrestler B) already has choice at the beginning of the third period. Wrestler B will have choice to start the third period and will now also have the added choice at the first restart.

(a) After the third period has started, Wrestler B takes his/her second injury time-out and the match is stopped, how would this affect the choice of position?

Ruling: Wrestler B will still get the choice on the restart. Now on the next restart in the third period, Wrestler A will get the choice.

(b) During the third period there is no restart for Wrestler B, so does his/her choice on the restart carry over to over-time?

Ruling: No, the choice does not carry over to over-time. The choice on the first restart only applies to the third period.

Rule 7-1-5

The Figure four on the body, both legs or the head is illegal. The scissors on the head is also illegal. The draping head scissors and the leg cradle are still legal maneuvers.

Photo 58, Rule 7-1-5d shows a legal head pry. The wrestler must include the shoulder or arm. If the hold comes above the shoulder it becomes an illegal headlock.