



**NEW YORK STATE PUBLIC HIGH SCHOOL  
ATHLETIC ASSOCIATION INC.  
WRESTLING COMMITTEE  
STATE WRESTLING COMMITTEE**



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**At-Large, Seeding, & Handbook changes for 2019-20:**

**At-Large Selection:**

The only change to the At-Large procedure is that  
In D2- Section 1 drops from Level B to Level C.

**NYS Seeding Mechanics:**

**2. Returning Place winners (top 3) will automatically be placed as next available seeds** and remain in the next position, unless they have lost to another wrestler on the board. (However: Their protected status is not lost if the loss was to another protected wrestler).

Note: As NYS does not use medical forfeits and it cannot be determined if the wrestler who lost by forfeit was due to injury or another reason. Therefore, all forfeits shall be treated as a loss and the protected status shall be lost

**Procedure VII Bracket Development**

1. Beginning in 2019-20 **all wrestlers will be seeded** and placed on the appropriate lines.
2. When out-brackets are needed, they will not be randomly drawn. They will be placed as needed based on the seeds. For Example: If just one out-bracket is needed: Seed #16 will wrestle Seed #17 with the winner advancing to face the #1 seed.
3. **As all wrestlers are now seeded: the brackets should not be adjusted to accommodate switching wrestlers in cases where they would draw a wrestler from their own Section in the first round.**

**Rules for bracket revisions in the event of scratches or replacements prior to (or at) the Tournament's Thursday meeting of the State Committee:**

As all wrestlers are now seeded, the replacement wrestler will cause the weight class to be re-seeded according to the procedures previously stated and the bracket will be changed accordingly.

**Rules for bracket revisions in the event of scratches or replacements that occur after weigh-in's on Friday:**

If there is a replacement wrestler, the weight class will be re-seeded immediately after weigh-in's.

If a wrestler scratches and there is **no replacement wrestler**, all seeds below the scratched wrestler will rotate upward (unless the scratched wrestler was causing a block which would then result in the weight class being re-seeded).

If the bracket had 17 wrestlers, the out-bracket will be eliminated.

If the bracket had 16 wrestlers, a Forfeit will be assigned to the first seed.

**The following are new additions to the Wrestling Handbook (changes in red):**

## WRESTLING STANDARDS CHART

# of PRACTICES	TEAM	INDIV.
# Practices prior to scrimmage	10	10
# Practices prior to first contest	10	10*

\* Wrestlers involved in Post Season games from Fall sports are "Gifted" 4 practices" and only require 6 instead of 10 practices prior to their first contest.

### Waivers:

#### **Wrestlers who were on the Track rosters but did not certify within the first 14 days:**

**Note:** If a wrestler anticipates a problem with hydration or being able to attend their originally assigned certification site, they should attend a different site on an earlier date, so as to have more chances to pass within the 14-day period.

#### **This option should be rarely used**

**Practices:** Must have 10 practices total.

**Wrestler may not practice with the team between day #14 and the day they are actually certified.**

Wrestlers who cannot pass hydration within the 14-day certification period must see a doctor and present doctors note documenting reason for hydration failure.

**Certification Date:** Should be first possible day once wrestler returns (assigned by Chairman).

Chairmen also have discretion to decide how many of the original practices are to be counted and have the right to have the wrestler restart the count of the 10 practices from the day they return from their absence or with the doctors note.

### **SCHEDULING**

No addition to schedules can be made after the Saturday of Week #28. (NYS Tournament is always Week #34) For 2019-20, the Saturday of Week #28 is January 18, 2020 (the Saturday after Eastern States).

### **Multi Team Meets:**

**There is no limit to the number of Multi-meets an Individual can participate in (so long as they do not exceed their 20-point maximum).**

No additional pounds shall be granted for multi-meets for back-to back contests, as they are not a team event. (Note an extra pound for multi-meets can only be granted when a competition is postponed for one calendar day for reasons beyond the control of the participating school(s) or if one teams practice (the day before a competition) is cancelled due to school policy.

The Multi Team Meet weigh-in counts as one weigh-in toward the 50% rule whether an athlete competes or not, as long as the wrestler is eligible to compete and has made weight at both the honor (a.m.) weigh in (if used) and the mat side (p.m.) weigh in, or just the mat side (p.m.) weigh in if the honor (a.m.) weigh in is not used.

### **HONOR WEIGH INS:**

**IF and ONLY IF** a JV event (that is not a dual meet) is held on a school day, an honor weigh-in can be done at each team's home school. The weigh-in sheets can then be sent to the tournament director (so that the bouts can be set up prior to the teams arriving). No additional weigh in will be required at the site of the event. Since the results of these events will not count on any participants Varsity record, these weigh-in's will not count for the 50% rule.

Otherwise: Honor Weigh ins are **not** allowed for any Tournament (including Sectional Dual meet tournaments).

### **WEIGH INS: TOURNAMENTS:**

The weigh in on day one locks a wrestler into a weight class. (Therefore, a wrestler must weigh-in on Day 1 to be able to wrestle on Day 2).

Coaches must collect the original copy of the tournament weigh-in sheet (signed by the tournament director-or their designee) before leaving the tournament to have on file for 50% rule post-season verifications.

Dual Meet Tournament A wrestler who is not eligible to weigh in for the first day of a Dual Meet Tournament is not eligible to weigh in for the second day.

### **ADDITIONAL POUNDS:**

**Note: Merged Teams-Additional Pounds- School Administration allows one team to practice, while, the other(s) is(are) not allowed to practice. If the host school is cancelled the extra pound will be granted for the contest the next day. If one of the merged schools that is not the host school is cancelled, but the host school is allowed to practice, then no extra pound is granted for the contest the next day.**

### **PROCEDURE FOR WEIGH INS AND 50% RULE WHEN:**

- 1. A wrestler is declared ineligible by a referee because of a skin condition.**

Clarification: For a wrestler to be eligible to wrestle JV or Varsity, they must be skin checked by either the JV or Varsity official. If they are not checked off on the weigh-in sheet, they would be declared an ineligible wrestler.

**For sections that wrestle JV prior to Varsity (where a separate JV ref is being used), the coach shall be required to make two separate copies of the weigh-in sheet** (one for the JV ref's pre-meet check, and one for the Varsity ref's pre-meet check). When the pre-meet meeting is concluded, both sheets should be sent to the scorer's table. So long as a wrestler was checked off by the JV ref, they are eligible to wrestle in the Varsity meet. They do not have to be checked by both the JV and Varsity official. All officials should indicate on the weigh-in sheets any wrestler that had a proper skin form that was accepted.

### **PENALTIES FOR INELIGIBLE WEIGHT CLASS**

If, while a dual meet is in progress, it is discovered that an ineligible wrestler has competed, the dual meet becomes a forfeit. However, the meet will be wrestled to its conclusion so that the win/loss records of the other wrestlers who competed in the dual meet are not affected.

**As penalty corrections only involve bookkeeping, there is no time limit for identifying them.**

### **MODIFIED:**

No contestant (or team) can accumulate more than **4** points per week.

## CHECKLIST FOR AVOIDING PENALTIES

(pages refer to: NYSPHSAA-WrestlingHandbook-2019-20)

Some of the most common mistakes that could cause a wrestler/team to become ineligible. Ineligible wrestlers will cause the wrestler, the team, and the coach to be subject to the penalties listed on page 33.

- An individual wrestler is caught cheating on their weight certification.
- An individual wrestler exceeds the 20-point limit.
- An individual wrestler exceeds 6 tournaments.
- An individual wrestler exceeds the maximum of 2 two-day non-individual bracketed tournaments. (see Individual Points: Tournaments page 8).
- An individual wrestler competes in back to back tournaments while the first tournament they were entered in has not yet ended (see Individual Points: Tournaments page 8).
- A coach schedules an additional contest after the Saturday of Week #28 (that was not a make-up from a cancellation) that one or more individual wrestlers from his team competes in. (see Scheduling: page 10).
- An honor weigh-in is conducted by a member of the team's wrestling staff acting as the School Representative (see Honor Weigh-In's page 15).
- A coach conducts an honor weigh-in for the Sectional Dual Meet Tournament. (see page 14)
- Granting unauthorized additional pounds for a Sectional Dual Meet (see page 18)
- The coach of a team grants unauthorized additional pounds. (see pages 15-17)
- A coach weighs in a wrestler for an event (who has already reached the 20-point limit) (see page 18)
- A coach lists an ineligible wrestler on their weigh-in sheet. (wrestlers listed must be academically eligible, cleared of injuries requiring school/doctor release, and not currently restricted by a doctor by a skin disease)
- An individual wrestler wrestles at an ineligible weight class.

Typical examples would be:

- A 7<sup>th</sup>/8<sup>th</sup> grader not meeting their minimum weight requirement at the shoulder to shoulder weigh-in, but still wrestles in a dual meet/tournament.
- A wrestler competes below their certified weight because the coach thought that the additional pounds granted for that event made the wrestler now eligible to compete there. (see Growth Allowances page 7).